



SEVERN RIVER LIONS CLUB NEWS

JANUARY-FEBRUARY 2025



FELLOW LIONS:

And just like that, we're past another Holiday season, which means we're also halfway through our Lions year! Heading into the New Year, I want to encourage our 40+ active and non-active members to step into action. We have multiple events each month and the bulk of the work not always, but often, falls on the shoulders of a few Lions. Set a goal to be involved at an event once a month, every other month, or whatever best fits your personal life and schedule. Our club is strong not only because of a few members but also because each of the 40+ members is committed to being a Lion and has a passion for giving back to their community. Look ahead on your calendar, and provide support remotely or financially if you are unable to physically attend, but keep active! We would hate to lose or see some members fall back due to club burnout or feeling a lack of support.

I look forward to seeing you at an event, service project, or meeting soon and I continue to thank everyone for the time and energy they pour into our club already!

KL Ryan

NOTICE TO MEMBERS

As required by the constitution and bylaws of the Severn River Lions Club, notice is hereby given that the Nominating Committee will present a slate of officers for 2024-2025 at the General Membership Meeting on March 25, 2025. Nominations from the floor will also be taken at this meeting. Voting for officers for 2025-2026 will take place at the regular General Membership Meeting on April 22, 2025.

LIONS 2025 NEW YEARS GATHERING



Severn River Lions Club gathered at 6 pm at Sake Japanese Steakhouse located at 7315 Ritchie Hwy, Glen Burnie, MD 21060 for a New Year's celebration to kick off 2025 with families and friends.



LIONS 2025 NEW YEARS GATHERING



SEVERN RIVER LIONS CLUB

NEW YEARS PARTY



Sake Japanese Steak House *Hibachi
7315 Ritchie Hwy, Glen Burnie



Tuesday, January 28th at 6pm

FRIENDS & FAMILY WELCOME



RSVP TO KING LION RYAN BY 1/24
717-327-9419,
RSHUPP2@GMAIL.COM



SCAN FOR WEBSITE & MENU



LIONS PREPARE BAG LUNCHES

On 12/12/24, Lion Jackie, Lion Paula, Lion Rollins, and his wife Pat met at Lion Nancy's home to pack the 50-bag lunches for the House of Hope in Glen Burnie. The paper bags were decorated for the holiday season by Broadneck High students.

In addition to the packed food, we also had socks, hats, and scarves donations.

A big thank you goes out to all of my fellow lions who donated the food, clothing, and money to purchase some of the needed items.

YIL, Nancy Earley



LIONS PREPARE BAG LUNCHES & WINTER DONATIONS



DISTRICT GOVERNOR'S MESSAGE

UPCOMING MEETINGS & EVENTS

Meeting Details Link https://www.lions22a.org/lions22a_calendar.html

March 14-16, 2025
Emerging Lions Leadership
Institute Camp Merrick

May 1-4, 2025
Multiple District 22 Convention
WISP Resort McHenry, MD

July 13-17, 2025
LCI Convention Orlando, FL

July 2-6, 2027
LCI Convention Washington, D.C.
Get information at:
lciconv2027host@gmail.com

Leader Dog for the Blind
Barks, Brew & Wine
May 31, 2025
2-6PM
Klausmeier Farm
4014 Perry Hall Road
Perry Hall, MD 21128

Bel Air Town Derby
May 18, 2025
8AM - 12PM
Main Street, Bel Air

We have good news on our leadership front. Cutting to the chase, Zone Chair Narayan Khakurel of the Baltimore Nepalese Lions is now our Second Vice District Governor. Our Honorary Committee of past district governors met January 18th and unanimously recommended to Lions Clubs International that Nara be installed in the position. He is also past president of the Baltimore Nepalese Lions. LCI immediately approved our recommendation. Nara will fill the remainder of the term, ready to move up to First Vice District Governor in July.



That solves our vacancy problem for a few months, and we are already on the hunt for next year's Second Vice District Governor. This is a prime opportunity for Lions to step up to move through the leadership ranks and gain valuable training along the way. The future of our organization depends on fresh faces who want to lead us to bigger and better things.

Switching gears real quick to a Good Housekeeping tip: If you are having problems accessing or working with the Lions Portal, check your browser. This came up last month at my Linthicum Club. Our secretary could no longer make service entries. We called Tech Support at LCI, where the first question was, "What browser are you using?" Our answer was Safari. He asked if we could try Chrome. That made the difference, and we were good to go again. So if you are having access problems of your own, see if a different browser helps.

Speaking of reporting service, in our March Insights we'll include guidance from LCI about criteria for reporting service activities – what qualifies and what does not. It gets down in the weeds, but answers a lot of questions, certainly for me. So, that's coming to a newsletter near you.

If you haven't already done so, please register to attend our multiple convention at Wisp Resort on May 1-4. It's a great opportunity to really get away and connect with or renew acquaintances with Lions throughout Maryland, Washington, D.C., and Delaware. The deadline is approaching to get the best room rates.

Thanks again for all you do.

Jim Katzaman
District 22-A Governor

FIRST VICE DISTRICT GOVERNOR'S MESSAGE

Happy New Year District 22-A Lions! I'm excited to see what 2025 brings for our district. I know I have a couple of upcoming visits already planned, but still need to visit with all the Clubs. I have some training in February at Lions Club International headquarters as well as district governor elect training in Denton. Please feel free to reach out to me if you would like me to come to your club or be a part of your service project.



CELEBRATING DECEMBER-FEBRUARY LION BIRTHDAYS

JANUARY

02 Lion Bob Massof

05 Lion Rick Mulderick

17 Lion Christopher Parks

31 Lion Tilghman Brice

FEBRUARY

15 Lion Dick Maurer

MARCH

19 Lion Don Lilley

19 Lion George Williams

21 Lion Ken Tschantre

31 Lion Nelson Chesler

APRIL

06 Lion Suzette Kettenhofen

08 Lion Dick Motley

23 Lion Bruce Schriener

29 Lion Chuck Horne

30 Lion Joinette Smallwood

EMERGING LIONS LEADERSHIP INSTITUTE

INVITATION TO THE EMERGING LIONS LEADERSHIP INSTITUTE (ELLI) – MARCH 14–16, 2025

We are excited to invite all Lions, Leos, and anyone interested in learning more about Lionism to join us at the Emerging Lions Leadership Institute (ELLI), taking place March 14–16, 2025, at Lions Camp Merrick in Nanjemoy, MD. This retreat offers a unique opportunity to develop leadership skills, deepen your understanding of Lionism, and build lasting connections with service-minded individuals from across our districts.

Why Attend ELLI?

- **Learn the Legacy:** Discover the rich history and mission of Lions Clubs International and Lions Foundation.
- **Develop Leadership Skills:** Acquire strategies to become an effective, influential leader within your club or Leo club.
- **Collaborate & Connect:** Network with a diverse group of passionate Lions, Leos, and Young Lions.
- **Community Impact:** Explore new ways to serve your community and amplify your club's initial impact.
- **Future Leadership:** Prepare for leadership roles and responsibilities within the Lions organization.

Who's Eligible?

- **Leos** interested in growing their leadership skills within the Lions family.
- **Lions** who have successfully served on a club committee.
- Individuals who have **not yet** served as a Lions Club President.
- Anyone who has **not attended** an international or local ELLI within the last five (5) years.
- **Anyone who wants to learn more about Lionism.**
- **Special Encouragement:** Club first vice presidents are strongly encouraged to a Mend.

Event Details

- **Dates:** March 14–16, 2025
- **Location:** Lions Camp Merrick, Nanjemoy, MD
- **Cost:** \$100 (covers food, lodging, and entertainment for the weekend). District 22-A will pay for the first 10 Lions who register!

Registration

- A flyer is included with the registration link and instructions.
 - 22-A Members interested in attending should download the registration form, fill it out then send it via email to 1VDG Suzette Kettenhofen at lions22a@gmail.com NLT 1 March. That way the district can send one check in for 10 attendees
- NOTE: If member registers & pays on their own, they need to send in proof of payment & registration form so if they are in the first 10 signed up we can reimburse them.

Registration Link: <https://tinyurl.com/ELLI2025>

**BECOME A BETTER LION. SERVE YOUR COMMUNITY.
LEAD WITH EXCELLENCE.**



Lions Clubs International

300 W. 22nd Street
Oak Brook, Illinois 60523-8842 USA
+1-630-571-5468

May 2025

Dear Lion Dr Clement F Kusiak:

Congratulations on completing 60 years as a Lion! To commemorate and recognize your years of service, I am presenting you with the enclosed Milestone Chevron Award.

The Chevron Award is aptly named after the chevron symbol in reference to a badge or insignia indicating rank or length of service. Your commitment to service as a member of our association is both honorable and commendable, as you have touched the lives of so many people. From the smallest project to the largest undertaking, your many years of service have made an incredible difference in your community.

Lions International recognizes the anniversaries of members like you because they are a reminder of the important milestones in our lives. Every time you serve, you Make Your Mark on the lives you touch the community you serve and the world we share. Your dedication has given us the opportunity to celebrate, commemorate and carry our long legacy of kindness forward into the future.

Congratulations once again on your milestone. I wish you many more healthy and happy years to continue your personal commitment to service.

At your service,



Fabricio Oliveira
International President

Award: 60-Year Monarch Chevron
Club: Severn River (8753)

Member ID: 830633
District: 22 A

Serving a world in need.

www.lionsclubs.org



ANNOUNCEMENT LETTER FOR DISTRICTS AND LEO CLUBS NEWSLETTERS

The Lions International Trading Pin Club is proud to announce a Youth Scholarship of US\$2,500 for a graduating senior who is the child or grandchild of a Lion and/or a member of a Leo Club. The most important aspect of the Youth Scholarship Program is to help a young person pursue his/her education and follow their dreams.

The LITPC takes great pride in fulfilling the motto of the Lions Clubs International, “**WE SERVE**”. During the SightFirst II Campaign, the pin traders contributed US\$144,000 to LCIF. Our Scholarship Program is another example of the Pin Traders’ slogan, “**Lions First**”.

Selection of the scholarship recipient will be based on academic achievement , an essay stating the student’s goals, a statement of reason(s) for applying and an overview of work, community and school service, and letters of recommendations. Applications and supporting documentation are to be completed and submitted to the pin trading club scholarship chairman maned below by **MARCH 1, 2025**.

We encourage all graduating seniors who are the children/grandchildren of Lion members or who are members of Leo Clubs to participate in our Scholarship Program

CONTACT INFORTMATION

PDG James Minnich
228 Sandra Road
Wilmington, DE 19803
302-654-7326

PLEASE BE AWARE THAT THE SCHOLARSHIP APPLICATION AND INFORMATION ARE ON THE LIPTC WEBSITE.

www.litpc.org/LITPCScholarship/Info



Healthy Ways To Manage Stress



Feeling stressed? Try these healthy ways to manage stress.

- **Count to 20 in your head.** This can give your brain a needed break.
- **Soothe yourself.** Get a massage, take a hot bath, have a cup of herbal tea, or put on some calming music.
- **Give yourself a pep talk.** Say something encouraging, like: “There’s no rush. I can take my time.”
- **Try some ways to relax.** See the “Ways To Relax” box for some ideas.
- **Stretch.** Do yoga or other stretching exercises.
- **Take a breather.** If you can, take a break from whatever is making you feel stressed.
- **Talk about your feelings.** Tell a friend or counselor how you feel.
- **Cut back on caffeine.** Caffeine can make you feel jumpy and anxious.
- **Get moving!** Do something active—even if it’s just a walk around the block.
- **Do something fun.** Dance, hike, be social. Do whatever you enjoy—as long as it’s healthy.
- **Look at the situation in a different way.** Things may not be as bad as they seem to be.

