



# SEVERN RIVER LIONS CLUB NEWS

MAY 2024

## Hello fellow Lions,

Another Lions year is closing out and we should all stand and give ourselves a round of applause. There was much accomplished in the community, through social/fellowship activities and a big one this year organizing the loan closet for more efficiency. THANK YOU, Lion Ashley and family for your support and donation to getting our loan closet organized!



We were supportive of each other seen and unseen. These included visits to homes and hospitals, calls to each other, emails to each other, and cards given and sent. All in all a well-rounded year of family, work, and volunteerism.

Looking forward to many more years to come as the Severn River Lions serve the community and take care of each other!

Thanks for all that you do!

Lion Joinette

## CELEBRATING MAY LION BIRTHDAYS

- |                            |                        |
|----------------------------|------------------------|
| 04 Lion Catherine Violette | 24 Lion Bill Zelenakas |
| 28 Lion Nancy Garczynski   | 29 Lion Jim Coolbaugh  |
| 31 Lion Ryan Shupp         |                        |

# 101<sup>ST</sup> ANNUAL CONVENTION ★ MULTIPLE DISTRICT 22



The 2023-2024 MD22 Council of Governors extended a warm welcome to Lions and Leos attending the 101st Multiple District Convention in Ocean City.



*Lions Suzette Kettenhofen and Diana Wailes prepare for registration for 22A.*



*District Chaplains prepare for the Memorial Service. Lion Diana Wailes (2nd from left) read for 22A.*



*FVDG Elect Suzette Kettenhofen stands with her unique campaign poster.*



*Lions Jackie Hetrick and Suzette Kettenhofen enjoy the breezy shore weather.*



22-A District Governor John Mosier greets Canadian guests at Sub-District Business & Election Meeting.



Hospitality Event on Saturday night opened by Ring Master 22-C DG Chris Wooters.



Hospitality Event on Saturday night was complete with food, fun, and fellowship to meet candidates for elected office.



Hospitality Event on Saturday night at the cabanas and Ashore Deck races.



Lion Rev. Diana Wailes, FVDG Elect Suzette Kettenhofen, Lion Jackie Hetrick and Convention Treasurer IPDG Sue Parks at the MD 22 Victory Luncheon on Sunday April 21st.



Lion Rev. Diana Wailes gives the invocation and benediction at the MD 22 Victory Luncheon on Sunday April 21st.



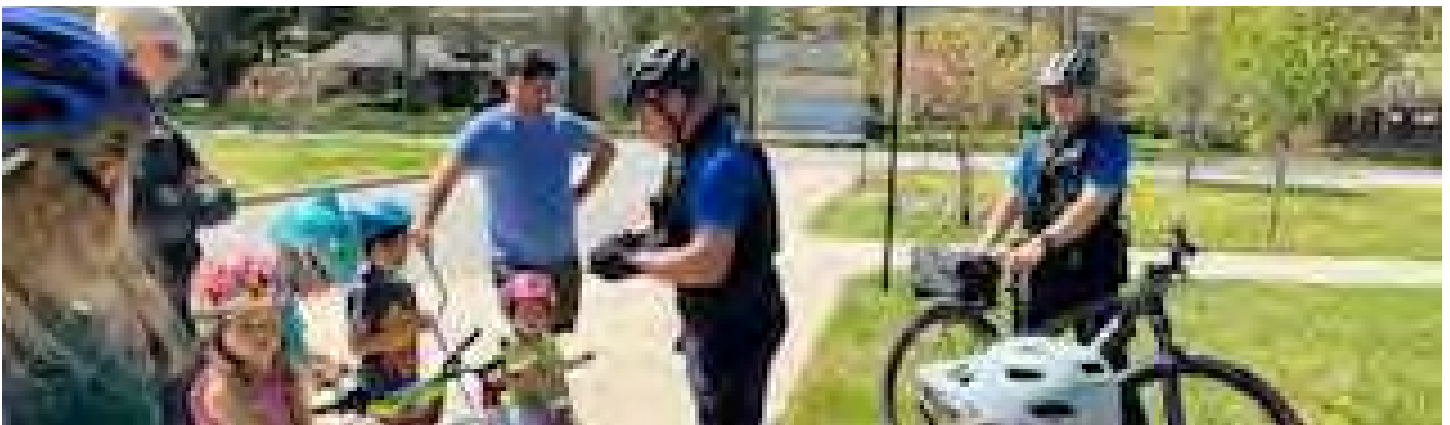
*Presidential Leadership Award at Friday Night's Award Dinner. (left to right) PID Dick Liebno, DG John Mosier, FVDG Suzette Kettenhofen, Leo-Lion Liaison Alicia Kiri Beer, PID Ted Reiver, PID Joe Gaffigan*



# BIKE RODEO FOR THE CUB SCOUTS PACK 688

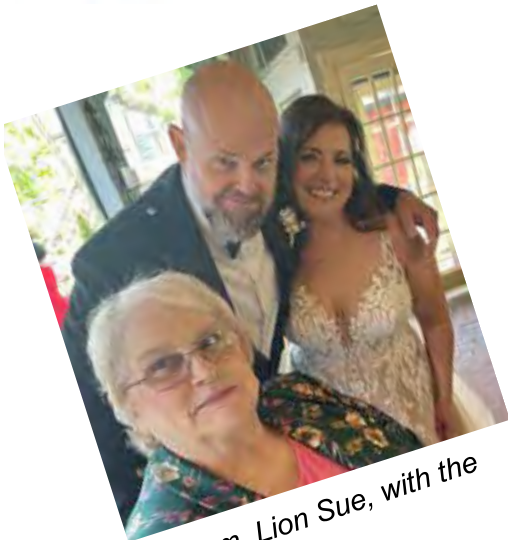


*(left) Lions Paula Wilkes, Chris Werth, and Bill Zelenkas (right and below) Over 20 participants tested their bike riding skills in a number of different activities as well as a bike safety check on April 20th at the Benfield Elementary School. They also had the opportunity to learn bike safety tips from two members of the Anne Arundel County police bike patrol.*



**Lion Chris Parks & Sarah Truettner**

**Married at the Vandiver Inn in  
Havre de Grace, April 28, 2024.**



*Proud Mom, Lion Sue, with the  
bride and groom.*



*Lions Jackie & Suzette enjoying  
the spectacular weather.*

*Dancing into the reception and  
sword-cutting the groom's cake*





(410)-439-0233

4465 Mountain Rd | Pasadena, MD

# FUNDRAISING

DINE-IN OR TO-GO

»» *Support* ««

**Severn River Lions Club**

Tuesday, May 21<sup>st</sup>

3pm – 10pm

# 10%

## DONATION NIGHT

Support **Severn River Lions Club** by presenting this flyer to the Pasadena, MD Location and Texas Roadhouse will donate **10%** of your total food purchases to **Severn River Lions Club**.



# 80TH ANNIVERSARY OF D-DAY

Join us as AACC's Concert Band, directed by Paul Dembowski, and the AACC Clarinet Choir, directed by Lynda Dembowski, join forces to present a tribute to the 80th anniversary of D-Day.

The Severn River Lions Club helped sponsor this music and will be recognized in the program. We are using this event as a Club social gathering since we will not be having a General meeting in May.

To get the group discount of \$10 each (Vice \$20) we must order and pay for our tickets by 5 May. If you are interested in going, I need to have your name and the number of tickets you want. The club will buy a block of tickets and you will be billed for your tickets.

Date: Friday, May 10, 2024

Time: 7:30 - 9 pm Doors open at 7

Where: Robert E Kauffman Theater Pascal Center for the Performing Arts, Anne Arundel Community College, Arnold, MD

## PROGRAM:

- "An American Fanfare" ★ Rick Kirby
- "An Elegant Sufficiency" ★ Shawn Davern
- "At Dawn's Valor" ★ Mark Lortz
- "Lonely Beach" ★ James Barnes
- "The Photo Album" ★ Randall Standridge
- "Third Army March" ★ Gregorio Diaz

You may purchase tickets online if you do not want the group discount price. Tickets also may be purchased at the Box Office inside the Pascal Center for Performing Arts on Tuesdays and Wednesdays from noon to 2 p.m. or starting 1.5 hours before each event, or by email at [boxoffice@aacc.edu](mailto:boxoffice@aacc.edu) or by calling 410-777-2457.

## TICKETS:

\$20 general admissions

\$10 AACC faculty, staff, seniors, active military, groups

\$5 All students with a valid ID







During a Naples Lions event Mr. Daniel Herrmann, a former Lion in Illinois inquired as to the activity of the Naples Lion Club. Lion Clem informed Daniel. As a result, Dan an Insurance Broker became a Naples Lion member, sponsored by Lion Clem. King Lion John Maguire presented Lion Dan with a club vest and words of welcome.



Lion Clem attended the Naples Lions Clubs sponsored CPR & AED Course. Completing then receiving a Certificate of Training from the North Collier Fire Control & Rescue District. Standing with instructor Heather L. Mazurkiewicz, and Club President John Maguire.

## WAYS TO KEEP YOUR HEART HEALTHY

### Smoking, High Blood Pressure, and High Cholesterol

The three biggest risk factors for heart disease are smoking, high blood pressure (hypertension), and high blood cholesterol. Luckily, there are things you can do to keep your heart as healthy as possible!

#### “Stop Smoking for Your Heart”

Smoking harms your blood vessels by making them thicker and narrower so that it’s harder for your heart to pump blood around your body. Smoking also makes your blood sticky and thick, so it forms clots more easily. This raises your risk of having a stroke.

It’s not easy to quit smoking—but you can do it! To learn more, review the Ready, Set, Quit! handout provided by your coach.

#### Monitor Salt and Your Blood Pressure

Salt (sodium) is important for keeping the right balance of fluid in your body. However, too much salt can be a problem for some people. When there is too much sodium in your blood, it pulls water into your blood vessels, which raises your blood pressure. Eating too much salt can cause obvious effects, like swollen feet. If your shoes are pinching more than normal, it might be time to look at your diet.



# UPCOMING LION EVENTS, MEETINGS & VOLUNTEER OPPORTUNITIES

## Highlights of Known Upcoming LION Events/**Fundraisers**/Meetings & **Volunteer Opportunities** through August of 2024:

### MAY

- 7 May (7pm) – Board Meeting, via Zoom – due to the 14th being Election Day
- 10 May (7:30pm) - **Club Social event** sponsoring the D-Day Celebration Concert, Pascal Center for Performing Arts, Anne Arundel Community College, 943-951 Anne Arundel Community College Rd, Arnold, MD 21012
- 21 May (3-10pm) - **FUNDRAISER** – “Dine to Donate” Fundraiser, Texas Roadhouse, 4465 Mountain Road, Pasadena, MD 21122. Need baked goods. Pass out flyers prior.
- 27 May (Noon to ?) – **Volunteer Opportunity** National Memorial Day Parade, Washington DC. Closest metro station is Navy Memorial/National Archives
- 28 May (6:30pm Social/6:59pm Mtg) – General Club Meeting, American Legion Post 175, 832 Manhattan Beach Rd, Severna Park, MD 21146

### JUNE

- 1 June (10 am-2pm) – **Volunteer Opportunity** Cape St. Claire Strawberry Festival, 1223 River Bay Road, Annapolis, MD 21409. Man the SRLC table with club brochures talk with folks about what Lions do.
- 1 June (2-6 pm) – Leader Dog “Bark, Brew & Wine” **Fundraiser**, Klausmeier Farm, 4014 Perry Hall Road, Perry Hall, MD 21128. District-wide event.
- 1 June (2:30-6pm) - **Volunteer Opportunity** Cub Scout Troop 688 Bridging Ceremony, Blue Jay Pavilion, Lake Waterford Park, 830 Pasadena Road, Pasadena, MD 21122. Man the grills, cook for scouts/families.
- 5 June (11am-9pm) – **FUNDRAISER** Brian Boru fundraiser, 489 Ritchie Hwy, Severna Park, MD 21146. Pass out special menu prior. Man the SRLC table with club brochures talk with folks about what Lions do.
- 8 June (9am-1pm) – New Officer Training – mandatory for all Presidents, Treasurer and Secretary, Maryland School for the Blind, 3501 Taylor Ave, Baltimore, MD 21236
- TBD, **Volunteer Opportunity** Father’s Day event, Pascal Senior Center, 125 Dorsey Rd, Glen Burnie, MD 21061
- 11 June (7pm) – Board Meeting, via Zoom
- 15 June (9am-12pm) – Club Retreat, Sunrise Senior Living, 43 W McKinsey Rd, Severna Park, MD 21146
- 21-25 June – LCI Convention, Melbourne, Australia
- 25 June (6:30pm Social/6:59pm Mtg) – General Club Meeting, Officer Turnover, American Legion Post 175, 832 Manhattan Beach Road, Severna Park, MD 21146

### JULY

- 4 July - **Volunteer Opportunity** Severna Park Annual 4th of July parade. Decorate SRLC Truck, pass out popicles to parade marchers.
- 9 July (7pm) – Board Meeting, via Zoom
- 23 July (6:30pm Social/6:59pm Mtg) – General Club Meeting, Officer Turnover, American Legion Post 175, 832 Manhattan Beach Road, Severna Park, MD 21146

### AUGUST

- 3 Aug – Multiple District 22 Turnover, Annapolis Elks Lodge, 2 Pythian Drive, Edgewater, MD 21037
- 6 Aug - **Volunteer Opportunity** National Night Out, Kinder Farms Park. Man the SRLC table with club brochures talk with folks about what Lions do.
- 13 August (7pm) – Board Meeting, via Zoom
- 27 August (6:30pm Social/6:59pm Mtg) – General Club Meeting, Officer Turnover, American Legion Post 175, 832 Manhattan Beach Road, Severna Park, MD 21146

# BARKS, BREW & WINE



**SPEAKER**  
**Jeff Hawkins &**  
**LD Dove**

**\$40** per person

**JUNE 1, 2024**

**2-6PM**

**KLAUSMEIER FARM**  
**4014 PERRY HALL RD.**  
**PERRY HALL MD 21128**

**RESERVATIONS ARE PREPAID:**

**Make checks payable to**  
**Lions District 22-A/**  
**Leader Dog**

**All checks mailed to:**  
**PDG Angela Bruce**  
**6722 Mink Hollow Rd**  
**Highland, MD 20777**  
**443 375 2852**

**highland47@outlook.com**

**PDG Owen Landis**  
**2317 Kings Arms Dr**  
**Fallston, MD 21047**  
**410 218 4186**

**landisosr@comcast.net**

**MENU**

**Pit Beef**

**Chicken Parmesan**

**Fried Chicken**

**Salad and Vegetables**

**Cake and Ice Cream**

**Soft Drinks**

**BEER & WINE**  
**INCLUDED**  
**WITH TICKET**

**BASKET BINGO**  
**RAFFLES**  
**BASKET OF CHEER**  
**AND MORE**



**SPONSORED BY**  
**DISTRICT 22-A**  
**HOSTED BY PERRY**  
**HALL KINGSVILLE**  
**LIONS CLUB**



**LEADER DOGS**  
**FOR THE BLIND**

